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Lori Belilove & The Isadora Duncan Dance Company



Isadora Duncan Dance Program with Lori Belilove

Dates:

Wednesdays, September 7 - December 21

Time:

1:30-3:00 p.m. Isadora Duncan Basic Class for Adults

Location:

McBurney YMCA
125 West 14th Street, NY, NY 10011
(between 6th & 7th Avenues)

Tuition:

Members: \$15/single class; \$110/8-week session
Non-members: \$20/single class; \$140/8-week session

[REGISTER NOW](#)

or

Drop-ins welcomed!

Questions? Or to register: 212-912-2300 (YMCA)



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Classes begin on the floor with fluid warm-up movements and breathing exercises, then progress to standing and moving through a series of Duncan movements that expand upward and outward to flow through the entire body. Particular attention will be paid to the musicality within the Duncan tradition as the students accomplish skips, runs, leaps, polkas, and waltzes. All of the classes include a creative time for improvisation.

Donate



Thank you,

Lori Belilove
Lori Belilove, Artistic Director

Lori Belilove & The Isadora Duncan Dance Company
Resident performing company of
Isadora Duncan Dance Foundation
141 West 26th Street, 3rd Floor
New York, NY 10001
212 691 5040
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Isadora Duncan Dance Foundation, 141 West 26th Street #3 , New York, NY 10001

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