"Let us first teach little children to breathe, to vibrate, to feel, and to become one with the general harmony and movement of nature. Let us first produce a beautiful human being, a dancing child." - Isadora Duncan

Young Dancers Program at The School at Steps

The Young Dancers Program welcomes children, ages 4 - 5 years, to the exciting world of dance and music. Classes in this program are designed to introduce creative movement exercises that foster body coordination, rhythmic awareness, and a path to explore their own imagination. This program is inspired by the Isadora Duncan technique, which builds strength, musicality and freedom of movement; important tools for the young "artist in training".

Tunics optional.

Pre-Dance 2 (age 5)
Tuesday 3:45 - 4:30

Pre-Dance 1 (age 4)
Thursday 3:15 - 4:00

Classes taught by Lori Belilove

Register for classes at The School at Steps [HERE](https://ui.constantcontact.com/visualeditor/visual_editor_preview.jsp?agent.uid=1117989661682&format=html&print=true)
movement through exposure to dance fundamentals, rhythmic exercise, and creative movement. Tunics optional.

Isadora Duncan Tiny Tots (ages 3 - 5)  
Wednesday 3:45 - 4:30

Isadora Duncan Beginner (ages 6 -12)  
Wednesday 4:30 - 5:30

Isadora Duncan Beginner (teens & adults)  
Wednesday 1:20 - 2:30

Register for classes at McBurney Y [HERE](https://ui.constantcontact.com/visualeditor/visual_editor_preview.jsp?agent.uid=1117989661682&format=html&print=true)

Click arrows for slideshows of Young Duncan dancers in training!

Take a look inside our 2014 Pre-show at Alvin Ailey Citigroup Theatre!

Selected children from Lori's classes will be asked to participate in a year end performance and celebration of Isadora Duncan’s 138th birthday.

Not on our mailing list? Join today at: